

Rank	Name	Weight	Country	Tournament
1	Stefan Kukla	41.5	Germany	3rd German Grip Champ 2019
2	Michaël Thomas	41.86	United States	Orangin Strongest Hands 2019
3	Toni Ruuska	41.5	Finland	Big Grip Bmz 2018
4	Sirko Petermann	40.3	Austria	Benohll 2019
4	Aksu Jönsson	40.8	Germany	Benohll 2019
6	Niko Eder	39.8	Ukraine	Benohll 2019
7	Yusma Blom	39	England	Benohll 2019
8	Adam T. Glas	38.5	United States	Benohll 2019
8	Hari Taitanen	38.85	Finland	Benohll 2019
10	Niko Junttilainen	38.2	Finland	Benohll 2018
11	Pekki Rantalahti	37.6	Finland	Benohll 2019
12	Rouven Hughes	36.65	Wales	25th British Grip Championships 2018
13	Marcus Long	36	Germany	Big Grip Bmz 2018
14	Yusma Kärkkäinen	36.2	Finland	Benohll 2019
14	Yusma Muhonen	36.1	Finland	Benohll 2019
14	Tero Luontama	36.1	Finland	Benohll 2019
14	Mika Luontama	36.1	Finland	Benohll 2019
14	Jukka Nikkila	36.1	Finland	Benohll 2019
20	Yusma Kärkkäinen	35.1	Finland	Benohll 2019
20	Juhani Pajala	35.5	Finland	Benohll 2019
21	Wegmann Kasper	32.8	Finland	Benohll 2019
21	Thomas Länen	32.6	Norway	Benohll 2019
21	Pekko Salu	32.6	Finland	Benohll 2019
21	Taru Järnholm	32.6	England	Benohll 2019
25	Yusma Purohinen	32.6	Finland	Benohll 2019
26	Johannes Eschinger	32.15	Swaria	UTV-Hold Recordbreaker 2019
27	Jason Dingey	31.85	United States	Benohll 2019
28	Paul Savage	30.43	Germany	25th British Grip Championships 2018
29	Sein Tuomasek	30.13	Germany	2. Southgeman Grip Champs 2019
30	Dennis Eschinger	30.1	Swaria	Benohll 2019
30	Anders Kubler	30.1	Sweden	Benohll 2019
30	Hans Ekblad	30.1	Sweden	Benohll 2019
33	Yusma Maunula	30	Finland	Benohll 2018
33	Jouni Mäkelä	30	Finland	Benohll 2018
33	Ricardo Magro	30	United States	Benohll 2018
33	Taru Tuomi	30	Finland	Benohll 2018
33	Yusma Purohinen	30	Finland	Benohll 2018
38	Knutaranta Fischer	28.15	Germany	Record Breaker #5 2018
39	Ari Kauranen	28.85	Finland	Benohll 2019
39	Mika Holmila	28.85	Norway	Benohll 2019
41	Hilke Blöchl	28.05	Germany	2. Southgeman Grip Champs 2019
41	Stefan Orsac	28.05	Germany	2. Southgeman Grip Champs 2019
41	Stefan Krüger	27.8	Germany	Benohll 2019
43	Tomas Vokac	27.8	Finland	Benohll 2019
43	Peter Partanen	27.8	Finland	Benohll 2019
43	Kalle Linn	27.8	Sweden	Benohll 2019
47	Jarmo Hyöki	27.8	Finland	Benohll 2018
48	Yusma Purohinen	27.25	Germany	Int DM Kroatia 2018
49	Chris Thiede	27.08	Germany	25th British Grip Championships 2018
50	Chris Thiede	26.65	Germany	Stark Firs Leben 2018
50	Daniel Kriegl	26.65	Germany	Stark Firs Leben 2018
50	Patricia Lusser	26.65	Austria	Stark Firs Leben Griffkraftpokal 2018
53	Becca Roberts	26.59	England	25th British Grip Championships 2018
54	Maru Pekki	26.35	Finland	Benohll 2019
55	Kristin Heine	26.13	England	25th British Grip Championships 2018
56	Dudu Reichel	26.05	Eastgermany	2. Southgeman Grip Champs 2019
57	Andreas Gutacher	25.6	Germany	3rd German Grip Champs 2019
57	Daniel Mühlberger	25.6	Austria	3rd German Grip Champs 2019
59	Manuel Schmitz	25.35	Germany	2. Southgeman Grip Champs 2019
60	Michael Schmitz	25.25	Swaria	2. Southgeman Grip Champs 2019
61	Andreas Heubrich	25.2	Germany	Absolute Griptrength Europcup 2018
62	Jari Tuohi	25.1	Finland	Benohll 2019
62	Alexander Andreev	25.1	Russia	Benohll 2019
62	Dial Zheng	25.1	United States	Benohll 2019
65	Daniel Isenrathen	25	Germany	Stark Firs Leben 2018
66	Stefan Schwaiblmair	25	Austria	Schiffwerkstatt 2018
66	Henni Herrikka	25	Finland	Benohll 2018
68	Marcus Gerwig	24.65	Germany	Big Grip Bmz 2018
69	Jasari Heine	24.18	England	25th British Grip Championships 2018
70	Marja Lasi	23.85	Finland	Benohll 2018
71	Paul Schöber	23.6	Germany	Big Grip Bmz 2018
72	Michael Gück	23.3	Germany	2. Southgeman Grip Champs 2019
73	Kathrin Beckeyer	23.12	Swaria	Benohll 2019
74	Michaël Thomas	23.08	Swaria	2. Southgeman Grip Champs 2019
75	Joni Dorvaldti Tölsbäck	23	England	Benohll 2018
75	Kalle Ruuska	23	Finland	Benohll 2018
77	Riku Niemi	22.65	Germany	Big Grip Bmz 2018
77	Matthias Hilde	22.6	Germany	Big Grip Bmz 2018
79	Karin Eschinger	22.6	Germany	Benohll 2019
79	André Wagner	22.6	Germany	Benohll 2019
81	Mike Kelly	22.53	England	25th British Grip Championships 2018
82	Asel Fujat	22.45	Germany	Int DM Kroatia 2018
83	Martina Schwaiblmair	22.25	Austria	Schiffwerkstatt 2018
84	Oliver Dorsch	22.2	Germany	Int DM Kroatia 2018
84	Matthias Beck	22.2	Germany	Int DM Kroatia 2018
84	Matthias Große	22.2	Germany	Int DM Kroatia 2018
84	Michaël Beckner	22.2	Swaria	Int DM Kroatia 2018
84	Maximilian Ernst	22.2	Swaria	Absolute Griptrength Europcup 2018
89	Johannes Löffel	22.15	Germany	Stark Firs Leben 2018
90	Andreas Bauer	22.05	Germany	2. Southgeman Grip Champs 2019
90	Harald Kriegl	22.05	Swaria	2. Southgeman Grip Champs 2019
92	Stefan Schwan	22	Austria	3rd German Grip Champs 2019
92	Stefan Dorn	22	Germany	3rd German Grip Champs 2019
92	Danmark Jensen	22	Germany	3rd German Grip Champs 2019
92	Marco Hage	22	Germany	3rd German Grip Champs 2019
92	Gerold Kindinger	22	Austria	3rd German Grip Champs 2019
92	Matthias Hilde	22	Germany	3rd German Grip Champs 2019
98	Andy Steiner	21.75	Swaria	Welt Germans FBO 2019 #8
98	Christian Bull	21.75	Germany	Welt Germans FBO 2019 #8
100	Mahulia Faka	21.5	Germany	Benohll Rec Breaker 2019
101	Melissa Dingey	21.35	United States	Benohll 2019
101	Laura Breakell	21.35	England	Benohll 2019
101	Kurtius Gies	21.35	United States	Benohll 2019
104	Sandra Bradler	21.25	Germany	Big Grip Bmz 2018
105	Andrew Smith	21.13	England	25th British Grip Championships 2018
106	Antje Röske	21.1	Germany	Big Grip Bmz 2018
107	André Wagner	20.45	Swaria	UTV-Hold Recordbreaker 2019
108	Norman Kasper	20.35	Germany	Stark Firs Leben 2018
108	David Eschinger	20.35	Eastgermany	Stark Firs Leben Griffkraftpokal 2018
108	Natalia Dorn	20.35	Germany	Stark Firs Leben Griffkraftpokal 2018
111	Robbi Müller	20.3	Germany	2. Southgeman Grip Champs 2019
111	Simon Gauth	20.3	Germany	2. Southgeman Grip Champs 2019
113	Alexander Petrow	20.1	Germany	Big Grip Bmz 2018
113	Jakob Trüb	20.1	Germany	Big Grip Bmz 2018
113	Lutz Zogler	20.1	Germany	Big Grip Bmz 2018
113	Matthias Scholz	20.1	Germany	Big Grip Bmz 2018
113	Mari Pääkkälä	20.1	Finland	Benohll 2019
113	Sari Pääkkälä	20.1	Finland	Benohll 2019
120	Egemen Sulek	20.03	Ukraine	25th British Grip Championships 2018
121	Laura Reichel	19.65	Eastgermany	2. Southgeman Grip Champs 2019
122	Michael Fries	19	Germany	Stark Firs Leben Griffkraftpokal 2018
123	Jodie Gröschel Rehm	18.85	United States	Benohll 2019
124	Luka Röske	18.65	Germany	2. Southgeman Grip Champs 2019
124	Joel Titt	18.65	Swaria	2. Southgeman Grip Champs 2019
126	Yusma Kiki	18.45	Germany	Int DM Kroatia 2018
127	Yusma Thomas	18.38	United States	Orangin Strongest Hands 2019
128	Knutaranta Fischer	18.3	Swaria	Benohll 2018
128	Maria Rantalahti	18	Finland	Benohll 2018
130	Ingo Cremer	17.7	Germany	Absolute Griptrength Europcup 2018
130	Dennis Siegel	17.7	Germany	Absolute Griptrength Europcup 2018
130	Stephan Pankratz	17.7	Germany	Absolute Griptrength Europcup 2018
133	Simon Schwan	17.65	Austria	3rd German Grip Champs 2019
134	Peter Müller	17.5	Germany	Stark Firs Leben 2018
134	Egemen Sulek	17.5	Germany	Benohll 2018
136	Anna Roth	17.45	Germany	Big Grip Bmz 2018
137	Nico Gullik	17.3	Eastgermany	Stark Firs Leben 2018
138	Mike T Nelson	16.75	United States	Benohll 2019
139	Dirko Fries	16.3	Swaria	Stark Firs Leben 2018
140	Simon Achterbach	15.45	Germany	Big Grip Bmz 2018
141	Lutz Heine	15.43	England	25th British Grip Championships 2018
141	Michelle Rydal	15.43	England	25th British Grip Championships 2018
142	Mari Britt Tynes	15	Norway	Benohll 2018
144	Katrin Schwanke	14.8	Germany	2. Southgeman Grip Champs 2019
145	Mika Schwanke	14.3	Germany	Stark Firs Leben 2018
145	Nico Schwanke	14.3	Germany	Stark Firs Leben Griffkraftpokal 2018
145	Yusma Werner	14.3	Germany	Stark Firs Leben Griffkraftpokal 2018
148	Viktoria Beck	14.2	Germany	Int DM Kroatia 2018
149	Nash Eschinger	13.35	Swaria	2. Southgeman Grip Champs 2019
150	Katharina Stöcker	13.7	Germany	Absolute Griptrength Europcup 2018
151	Sally Horne	13.33	England	25th British Grip Championships 2018
151	Nico Hughes	13.33	Wales	25th British Grip Championships 2018
153	Nina Luff	9.58	Wales	25th British Grip Championships 2018
154	Elaine Lampert	9.04	Austria	3rd German Grip Champs 2019

Rank	Name	Weight	Country	Tournament
1	Mika Holmila	26.85	Norway	Benohll 2019
2	Patricia Lusser	26.65	Austria	Stark Firs Leben Griffkraftpokal 2018
3	Becca Roberts	26.59	England	25th British Grip Championships 2018
4	Maru Pekki	26.35	Finland	Benohll 2019
5	Elizabeth Heine	26.35	England	25th British Grip Championships 2018
6	Mary Lee	23.9	Finland	Benohll 2019
7	Kurtius Heine	23.13	Swaria	3rd German Grip Champs 2019
8	Joni Dorvaldti Tölsbäck	23	England	Benohll 2018
9	Mahulia Faka	21.5	Germany	Benohll Rec Breaker 2019
10	Melissa Dingey	21.35	United States	Benohll 2019
10	Laura Breakell	21.35	England	Benohll 2019
10	Kurtius Gies	21.35	United States	Benohll 2019
13	Sandra Bradler	21.25	Germany	Big Grip Bmz 2018
14	Antje Röske	21.1	Germany	Big Grip Bmz 2018
15	Daniel Bockigam	20.35	Eastgermany	Stark Firs Leben Griffkraftpokal 2018
15	Nash Dorn	20.35	Germany	Stark Firs Leben Griffkraftpokal 2018
17	Mari Pääkkälä	20.1	Finland	Benohll 2019
17	Sari Pääkkälä	20.1	Finland	Benohll 2019
19	Maren Fries	19	Germany	Big Grip Bmz 2018
20	Jodie Gröschel Rehm	18.85	United States	Benohll 2019
21	Yusma Kiki	18.45	Germany	Int DM Kroatia 2018
22	Maria Rantalahti	18	Finland	Benohll 2018
23	Jenny Latham	17.66	Austria	3rd German Grip Champs 2019
24	Anna Roth	17.45	Germany	Big Grip Bmz 2018
25	Simon Achterbach	15.45	Germany	Big Grip Bmz 2018
26	Lutz Heine	15.43	England	25th British Grip Championships 2018
26	Michelle Rydal	15.43	England	25th British Grip Championships 2018
28	Mari Britt Tynes	15	Norway	Benohll 2018
29	Katrin Schwanke	14.8	Germany	2. Southgeman Grip Champs 2019
30	Viktoria Beck	14.3	Germany	Stark Firs Leben Griffkraftpokal 2018
30	Nico Schwanke	14.3	Germany	Stark Firs Leben Griffkraftpokal 2018
32	Yusma Werner	14.3	Germany	Int DM Kroatia 2018
33	Katharina Stöcker	13.7	Germany	Absolute Griptrength Europcup 2018
34	Sally Horne	13.33	England	25th British Grip Championships 2018
35	Nina Luff	9.58	Wales	25th British Grip Championships 2018
36	Elaine Lampert	9.04	Austria	3rd German Grip Champs 2019

